

Invocation

We the Rotarians are dedicated to the ideal of service to maintain a high ethical standard in our business and profession and to dignify our vocation by enhancing international understanding, good will and peace through people united in the ideal of service.



May 2023 RI Presidential Message

Jennifer Jones, RI President 2022-23

Introducing the Rotary Youth Network

time in our world for brave, courageous, intentional

Board of Directors RC of Gulshan Tigers

Rtn. Jasim Uddin
President

Rtn. AZM Roman Siddique
RFSM
Immediate Past President

Rtn. Rifat Amin
President Elect & Secretary

Vice President
Rtn. Anwar Parvez Chowdhury
Rtn. Dilara Yasmin

Rtn. Ariful Islam Nayan
Treasurer

Rtn. Masud Hossen
Club Trainer

Rtn. Sayedul Hasan Shaikat
Joint Club Trainer

Director
Rtn. Mahbubur Rahman
Rtn. Nazmul Karim
Rtn. Nazibul Islam
Rtn. Mamunur Rashid

Rtn Ibrahim Bhuyan
Editor

Rtn. Jimi Amir
Joint Editor

Rtn Anwar Hasnat Shohan
Sgt.-At-Arms

Last month, in this column, you heard from my dear friend Anniela Carracedo. She is an amazing member of our Rotary family, and as a past Interactor and now Rotarian, she is this kind of leader.

Anni shared a very personal story about coping with a panic attack, something that I have also experienced. The outpouring and response to this story have been tremendous and punctuate how critical it is that we acknowledge not only our strengths but our vulnerabilities too.

When we talk about finding space for one another — creating comfort and care within Rotary — we're describing a club experience where we can all feel comfortable sharing like Anni did, and we can all empathize with and support one another. Whatever we are facing in life, Rotary is a place where we know we're not alone.

We spend so much time helping our world, whether it's working to end polio, cleaning up the environment, or bringing hope to communities that need it most. Sometimes we can lose track of the need to apply some of our energy and care to our fellow members and partners in service.

The comfort and care of our members is the single greatest driver of member satisfaction and retention. We need to ensure that it remains a priority — and that we further strengthen these bonds by performing service that helps reduce the stigma of seeking out mental health treatment and expands access to care.

That is why I'm so heartened by President-elect Gordon McNally's wonderful vision to help improve the global mental health system, not only for Rotary members, but for the communities we serve.

When Gordon announced our focus on mental health at this year's International Assembly in Orlando, Florida, he reminded us that helping others benefits our mental health by reducing stress and improving

our mood. Studies show that performing acts of kindness is an effective way to improve your own mental and physical health. Rotary service brings hope to the world and joy to our lives.

Our new focus on mental health will take some time to do right, and yet it builds on something that has been part of who we are for 118 years. We are People of Action, and behind that action is care, compassion, empathy, and inclusion.

Becoming champions of mental health is not only the right and kind thing to do, it is a tool that can *Create Hope in the World*, Gordon's inspiring theme for his upcoming year as president.

If we serve our members, we serve our communities, and if we can meet people where they are and lift them up, they will imagine Rotary in a new light and come to fully understand our value and our infinite potential.

Meeting Minutes

85th Regular Meeting & Iftar

8th April 2023 // SATURDAY // HR Club, Gulshan// Time 4:00 PM

Total Member	: 24	New added	: 0
Physical Attendance	: 14		
Show excuse	: 02		
Total Attendance	: 16	Attendance rate of Members:	67%
Guest Attendance	: 03		
Total Attendance		: 19	

Presence in the Meeting:

1. Rtn. Jasim Uddin FCMA President	2. Rtn. Md Rifat Amin President Elect & Secretary	3. Rtn. Anwer Parvz Chowdhury Vice-President
4. Rtn. Sayedul Hassan RFSM Club Joint Trainer	5. Rtn. Md. Masud Hossen PHF Club Trainer	6. Rtn. A Z M Abu Zafor Roman IPP
7. Rtn. Md. Mahbubur Rahman Director	8. Rtn. Ariful Islam Nayan Treasurer	9. Rtn. Md. Ibrahim Bhuyan Bulletin Editor
10. Rtn. Kazi Sabbir Hossain Marshal, Committee Chair	11. Rtn. Mahinur Rahman Member	12. Rtn. Sohanur Rahman Sgt-at-arms
13. Rtn. Shahid Hossain Committee Chair	14. Rtn. Kamruzzaman Polash Member	15. Suzana Rubayet Guest
16. Mr. Suzana Rubayet Guest	17. Nirjhor Hasan Soikot Guest	

SL.	Item
01	President Rtn Jasim Uddin Call to order 85 th meeting at 4.00 pm
02	Rtn ----- recite from the Holy Quran
03	Rtn Md. Ibrahim Bhuyan lead the Rotary Invocation
04	Rtn Nazmul Karim shared with a short brief of his Professional career and personal life. Rtn Mr. Karim also shared his student life and few more of conjugal life.

05	Then Rtn Saydul Hasan Shaikat shared with us of his Rotary and Rotaract experience. How he involved in Rotary movement. It was an interesting story.
06	Rtn Md. Ibrahim Bhuyan discussed the idea of about free Health camp and health awareness project for the next month. Then Secretary Rtn Rifat Amin discuss about Ten Taka Scholl which is completed of this month. Rotary Club Gulshan Tigers Distributed stationary Item to the students.
07	President Rtn Jasim Uddin emphasized about Club projects and every month at least one project we will do. And then he announced the next board meeting will be held on Breakfast meeting at Uttara area
Vote of Thanks	
Vice President Rtn. Anwar Parvez submit his gratitude to all of the members	
Secretary Report	
Club secretary Rtn Rifat Amin submitted his Report where Total member is 24, present 9, Excuse 2, total members present 11.	
Adjourned	
Club President Rtn. Jasim Uddin Adjourned the meeting and thanks again everybody for attending the meeting.	



Club Activities

EID Reunion & 86th regular meeting of Gulshan Tigers Family
Venue: Siraj Chui Gosto, Banani Dhaka
Date: 01.05.2023

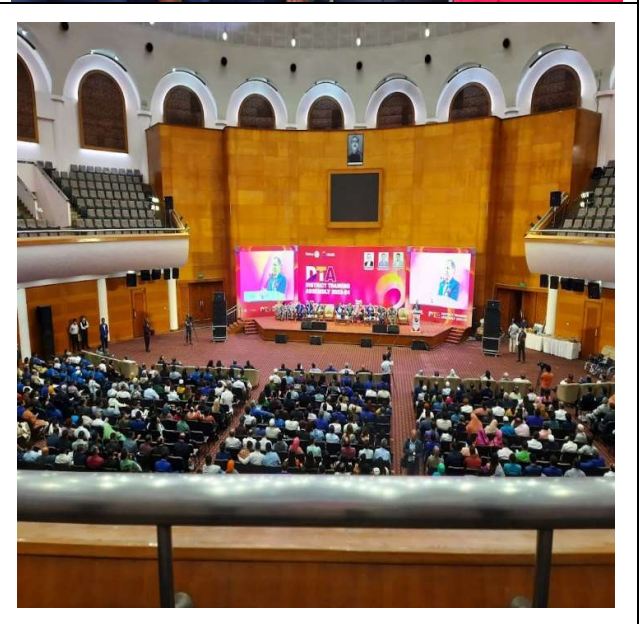


Attending in the District Training Assembly (DTA)

More than 9 Rotarian from Gulshan Tigers attended in the DTA Seminar

Venue: BICC, Agargaoan, Dhaka

Date: 5th May 2023



5th organizing Meeting of upcoming year 2023-24

President Elect Rotarian Rifat Amin Call for Board meeting with his core members

Venue: Big Burger & Café Hatirjheel, Date: 09th May 2023

Attended Members: PE Rifat Amin, IPP Rtn Roman Siddique, Rtn Ibrahim Bhuyan, Rtn Abu Bakar Siddique Razu and Rtn Shamanta Afrin.



Project update

Project Name: Granting scholarships to deserving, low-income youngsters

Date: 16.05.2023 Venue: HR Club, Gulshan-1

Scholarships are given to deserving students by the Rotary Club of Gulshan Tigers. He is an HSC exam Candidate in this year. The girl has a high IQ and a GPA of 5 in the PSC, JSC, and SSC. Studying in Gazipur Cantonment Board College, the best College in Gazipur. Farhana Islam is her name; Md Miladul Islam is her father. Due to his family's inability to raise the necessary type of generosity, his education was in jeopardy. On May 16, 2023, the Rotary Club of Gulshan Tigers presented Tk. 15,000 to his successor. We wish him success in the future.

